

# Department of Psychiatry Grand Rounds

May 21, 2024

## *“Evidence-Based Parenting”*

8:00 am – 9:00 am  
**VIRTUAL ONLY**

Presented by:

Graduating Fellow

**Kayla McMahon, MD**

Child and Adolescent Psychiatry  
Department of Psychiatry, Maine Medical Center

Participants will:

- Discuss the history of parenting advice
- Discuss the evidence behind major parenting decisions from the prenatal period to the early school years
- Dive deeper into a few controversial topics, such as breast feeding, co-sleeping, and screentime

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